

Sulphur Springs Middle School Cheer Squad Contract

Objectives:

- A. To promote the type of citizenship that will help fellow students acquire the basic attributes of good sportsmanship.
- B. To develop loyalty to their school and team, regardless of the outcome of the game.
- C. To develop a wholesome school spirit.
- D. To help her school achieve the most worthwhile objectives.
- E. To develop unity, pride, and loyalty within the organization.
- F. To develop personal leadership and communication skills.

Grade Requirements:

A. Academics

1. Cheer squad member must have and maintain a grade average of 70 or above for all courses from the time she becomes a member of Cheer Squad until she relinquishes the position at the end of the season.
2. Should a cheer squad member fail to earn a grade of 70 or above for any grading period, she will be removed from the cheer squad for one-half of the following grade period. The cheer squad member will be reinstated at the end of the suspension, provided a grade check reflects a grade of 70 or above.

B. Citizenship

1. Cheer squad member must maintain a citizenship grade of at least "S" in all classes from the time she becomes a member of Cheer Squad until that position is relinquished at the end of the season.
2. Should a cheer squad member's citizenship average fall below set standards, she will be removed from the cheer squad for one-half of the following grading period.

Games and Practice Sessions:

A. All cheer squad members must be present and on time for all practice sessions and/or group meetings. If a cheer squad member is not on time and does not attend all practice sessions, she may be dismissed from the following pep rally and/or game. Each situation will be dealt with on an individual basis.

B. All cheer squad members must be present for and perform at all pep rallies and football games. (There are usually four pep rallies and eight football games a year.)

C. During football season, cheer squad members must be in school one-half day in order to perform at the pep rally and/or game on that day.

D. Each cheer squad member will take the responsibility of personally notifying the sponsor beforehand should she not be able to attend a function. Documentation from parents is required.

E. When another school activity interferes with Cheer Squad you will have to learn the new cheers and/or routines on your own before the next game.

F. You will have to dress out in appropriate workout clothes, socks, and tennis shoes for practice. No jewelry allowed. Hair must be tied back. Complete uniform is required for all games and pep rallies. You may not change or alter the uniform in any way without prior approval of the Sponsor.

G. You may get a snack and drink BEFORE practice starts, but you must clean up after yourselves if you want to keep this privilege.

H. Practice starts at 3:50 sharp. You must be dressed out and ready to work out. We will use the locker room by the gym to change. Cheer Squad members are expected to pick up after themselves.

I. No one except Cheer members will be allowed in the practice without Cheer Sponsor approval first.

J. Competition between squads is acceptable, but there must be no put downs of others. You are a TEAM and as such you should use your talents to help others on your team excel.

K. No new cheers are allowed without the approval of the Cheer Squad Sponsor. Absolutely no new cheers are allowed on the field during a game. That is what practice is for.

L. Practice sessions will be announced. We generally practice once a week (twice a week on pep rally weeks) during the months of September through November. Cheer squad members are responsible for keeping up with the practice schedule and any variations.

M. Each squad will cheer at the 7th grade football games on Saturdays at the time their team is playing which will be 9:00 am or 10:30 am. Squad members should be at the field at least 15 minutes before their team plays and plan to stay for at least 15 minutes after they finish cheering.

Conduct and Sportsmanship:

- A. Cheer squad members will always be on their best behavior, in school AND out of school. Cheer squad members are student representatives. Other people will judge our school by their conduct. This includes social media communications.
- B. Cheer squad members should never have unnecessary conversations with the team or the crowd during games or practices. A cheer squad member's job requires her complete attention.
- C. No phone calls or texting during practices or games.
- D. Always show good sportsmanship by cheering for your own team - never for the opposing team or for the opposing player's mistake.
- E. No soft drinks, gum, candy, food, etc. while in uniform or at practice.
- F. Never show emotions such as crying, anger, or rage if possible.
- G. Attitudes must be positive and upbeat! You must be willing to work and cooperate at all times. Do not bring your problems with you to practices or games. The key word in your position is *cheer*.
- H. Be an active listener and accept constructive criticism.
- I. Teammates are expected to treat one another with mutual respect. They should talk to one another in a manner in which they wish to be spoken to.
- J. Conduct in the classroom should always be of the caliber which sets a good example for other students.
- K. Always conduct yourself in a manner that will be a credit to yourself, your home, your school, and your community.
- L. If any of the above mentioned rules concerning conduct are violated, the cheer squad member may be suspended from performing with the squad for the following game and/or pep rally.

Control and Supervision:

- A. Cheer Squad members are expected to follow all school rules in addition to rules and responsibilities for cheer squad.
- B. Cheer Squad members shall be under the supervision of the Cheer Squad sponsor. Cheer Squad members shall abide by the sponsor's direction.
- C. The Cheer Squad sponsor has the authority to invoke disciplinary action toward Cheer Squad members who fail to perform adequately.
- D. The Cheer Squad sponsor and school principal have the authority to, and may upon review of the circumstances, remove a cheer squad member for misconduct or extenuating circumstances.**

Cost and Payment Information:

The cost for Cheer Squad Membership is **\$225.00**. This cost covers the following:

- Shell Top
- Lettering
- Skirt
- Pom Poms
- Hair Bow
- Briefs
- Socks
- Half Top
- Bag
- Shoes
- T-Shirt
- Shorts

Checks are to be written payable to SSMS Cheer Squad. We will be having uniform fittings on **May 16, 2017** and the order will be placed at that time. The uniforms must be paid for at the time of order unless other arrangements are made with the sponsor.

****Uniform Fittings are MANDATORY for all Cheer Squad members.**